



## Continuing Competence Program

### Record of Professional Learning Plan for Licensure Year

December 1<sup>st</sup>, 20\_\_ – November 30<sup>th</sup>, 20\_\_

### TEMPLATE/EXAMPLE

<b>Name:</b> John Doe	<b>Registration #:</b> 12345678	<b>Date Goal Completed:</b> June 2, 2019
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<b>Professional Learning Goal #1:</b> What new knowledge/goal do you want to achieve?
I would like to learn how to do phlebotomy as it was not part of my program when I took my PN diploma and I want to be able to work to my full scope of practice.
<b>Projected Outcomes:</b> How will achieving this goal help improve your nursing practice and client outcomes?
My workplace has been very supportive of allowing LPNs to perform this skill and I want to be able to work to my full scope of practice while fulfilling all the care needs of my clients. This will result in less of a wait time for my clients and being able to provide more care by the same provider.
<b>Objectives/Activities:</b> How do you plan to achieve this goal? What activities will you complete to achieve this goal?
I will enroll in the phlebotomy workshop offered by ANBLPN and then work with my employer to achieve my clinical mentorship.

#### Fill in this section once you have completed your learning goal

<b>Did you receive a certificate of attendance or participation while achieving this goal?</b>  YES <input type="checkbox"/> NO <input type="checkbox"/>	<i>A certificate of attendance is not required, however, if you have received one, keep it in your files. <b>DO NOT</b> send it to the Association.</i>
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<b>New Knowledge:</b> Identify something specific you learned by achieving this learning goal
I was not aware that there was an “order of draw” and that each colored tube is used for different tests. For example, if I were drawing an INR I would use the light blue tube and if I was drawing a CBC I would use a lavender tube.
<b>Reflective Evaluation:</b> Describe how you use this new knowledge to improve your practice and positively impact your patient outcomes.

Now that I am aware of the order of the draw and tube selection I can ensure that my process is correct the first time I draw blood and eliminate errors. Without knowing this it may cause extra blood work to have to be drawn due to selecting the wrong tube. Being aware of this is beneficial to my patients as it would eliminate unnecessary extra blood draws.
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If you have questions, please call the Practice Consultant: 506-453-0747 or 1-800-942-0222, or email [practiceconsultant@npls.ca](mailto:practiceconsultant@npls.ca)

\*\*Keep this in your personal learning folder. Only send document if you have been audited.\*\*



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### Record of Professional Learning Plan for Licensure Year

December 1<sup>st</sup>, 20\_\_ – November 30<sup>th</sup>, 20\_\_

### TEMPLATE/EXAMPLE

<b>Name:</b> Jane Smith	<b>Registration #:</b> 11112222	<b>Date Goal Completed:</b> Sept. 14, 2019
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<b>Professional Learning Goal #2:</b> What new knowledge/goal do you want to achieve? I recently started working on the maternity floor and I wanted to improve my knowledge on how to help new mothers with breast feeding.	
<b>Projected Outcomes:</b> How will achieving this goal help improve your nursing practice and client outcomes? Knowing this information will help me when teaching my patients about breast feeding and be able to communicate the knowledge more effectively to them.	
<b>Objectives/Activities:</b> How do you plan to achieve this goal? What activities will you complete to achieve this goal? I will obtain information and read documents on BFI (Baby Friendly Initiative) and will collaborate/mentor with my more experienced colleagues.	
<b>Fill in this section once you have completed your learning goal</b>	
<b>Did you receive a certificate of attendance or participation while achieving this goal?</b>  YES <input type="checkbox"/> NO <input type="checkbox"/>	<i>A certificate of attendance is not required, however, if you have received one, keep it in your files. <b>DO NOT</b> send it to the Association.</i>
<b>New Knowledge:</b> Identify something specific you learned by achieving this learning goal Reading about BFI and mentoring with my colleagues has helped with my communication skills, such as using sincere wording and common words (rather than medical jargon) when teaching my clients. I've also learned about different latch techniques so that I can give my patients more options when they are having difficulty.	
<b>Reflective Evaluation:</b> Describe how you use this new knowledge to improve your practice and positively impact your patient outcomes. Having this knowledge has given me the encouragement I needed to ensure I am able to assist my clients with breastfeeding and give them confidence throughout the process. Having this knowledge has helped me teach my clients about different latches and how to help settle their babies. This in turn helps new mothers feel more comfortable and confident in their abilities which is rewarding and a relief as a new mother.	

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