

Dean Stad, LPN

Dean Stad received his practical nursing education from the Alberta Vocational Center and graduated in 1986. Dean first became interested in nursing when he was a teenager. Upon completing his high school education, he began working as a Care Aid in the field of mental health. His employment consisted of working in a psychiatric institution as well as a group home where residents with mental health issues were reintegrated back into society. He also worked as an aid and in recreation therapy at a 300 bed extended care facility before returning to school to undertake his nursing credentials.

Since being registered in New Brunswick, Dean has worked in various locations throughout Fredericton and surrounding areas such as the Orchard View nursing home in Gagetown, York Care Centre and the Dr. Everett Chalmers Hospital. Currently Dean is employed full time at the Harvey Health Centre and has been there for six years. Dean is currently the only Licensed Practical Nurse working at the Centre and works alongside two Registered Nurses.

Dean's role at the Harvey Health Centre is diverse. A typical day for him at the centre includes performing phlebotomy and ECG's, administering injections, urine and pregnancy testing, blood pressure monitoring and setting up appointments for patients. He also works at the Nackawic Health Centre one day a week where he performs phlebotomy, conducts assessments and assists with in-services with a Registered Dietician. In particular, he and the team provide wellness assessments to the staff of the Jolly Farmer in Northampton.

Dean's role also enables him to work within the community through various programs. He has provided programming for schools on proper tick removal as well as a health program for children in grades 3 and 4 in McAdam focused on healthy bones and the benefits of milk and calcium. He also provides in-services and health and wellness clinics for seniors in collaboration with a Registered Dietician.

Dean has also designed programs himself to address specific needs within the rural community. He provides in-services at the local seniors complex in regards to fraud and scam protection for the elderly, assisted in organizing Meals on Wheels to seniors and in his spare time he teaches art lessons!

Dean describes his work environment as extremely collaborative and he feels very content with his role at the health centre as it allows him to have great variety within his day. His patients are diverse and he “assesses everyone from babies to geriatrics”. Of all of his duties he enjoys the nursing assessments and performing phlebotomy the most. He also remains very interested in psychiatric care and enjoys providing support to those with mental health issues.

Over the years Dean has completed additional training to keep his scope of practice current and he enjoys enhancing his skills. Having worked in Alberta, Dean remarks that the expanding role of the LPN in New Brunswick “is a lot better now than it was. I feel it is really coming along. I am willing to do and try anything” to work to full scope of practice.