



Memo: Foot Care and the COVID-19 Pandemic

Due to receiving multiple calls and emails regarding foot care during the COVID-19 pandemic we have developed this practice memo to assist those who offer professional foot care services.

The current COVID-19 pandemic presents unique challenges to health care workers and important practice issues must be considered. LPNs who provide professional foot care services are especially impacted by this pandemic. Clients who receive professional foot care services are often those who make up our most vulnerable population (e.g., elderly, diabetics) and therefore they are more susceptible to developing severe complications if they were to contract COVID-19.

LPNs practice foot care in a variety of settings such as hospitals, long term care facilities, community clinics and in client's homes. As such, it is the responsibility of all foot care nursing professionals to break the chain of infection when possible.

As New Brunswickers are being directed to adhere to social distancing practices and to only provide services that are essential by our leading public health officials, at this time ANBLPN is **RECOMMENDING** that LPNs who offer foot care services put their services on hold.

Nursing homes and hospitals are currently not allowing visitors into their facilities, which would include LPNs who may have clients residing in nursing homes or clients who are currently in hospital*. If an LPN provides foot care to clients in their homes (clients or LPNs residence) it is not recommended to continue offering these services as per recommendations set forth by the New Brunswick Department of Health.

It is imperative that nursing professionals provide safe care and remain safe themselves to help reduce the risk of contracting COVID-19. We urge all foot care professionals to adhere to best practices and recommendations that are being made by our local health authorities. We recognize that this will have a large impact on your businesses, however, everyone must do their part to help minimize the risk of infection.

We invite our members to visit the following links for helpful information:

- [Coronavirus Disease \(COVID-19\) for Health Professionals](#)
- [Community Preparedness: Office of the Chief Medical Officer of Health](#)
- [Community Based Measures to Mitigate the Spread of COVID-19](#)
- [Health and Allied Health Professionals](#)

**LPNs who are employees of hospitals and nursing homes must adhere to their facility policy in regards to footcare services during the COVID-19 pandemic.*